

# CWSAN NEWS



Issue 175 March 2023

## **Rural Micro Capital Grants Programme– Reminder**

We are nearing the end of the Rural Micro Capital Grants Programme, by now all your group Capital items should be purchased. This is to allow the month of March for payments to be made through your bank accounts and show on your bank statement (s).

**The absolute deadline for submission of your claim is Friday 31st March 2023.**

If your claim is not fully complete as per application Guidance, Claim and End of Project documentation provided your application will NOT be processed and you will NOT be paid for your purchase. We are not able to process partially returned claims or claims with missing required information.

Any withdrawals from the programme should also be notified to us immediately as DAERA are keen to finalise their budget for this year.

If you have any queries in relation to your purchase or claims process please contact Marguerite on 028 87738845 or email [microgrants@cwsan.org](mailto:microgrants@cwsan.org) Tuesday to Thursday 9.30 am to 4.30pm for assistance.

## **CWSAN Annual Membership Now Due**

**ARE YOU MISSING OUT???**

**Are you a Mid Ulster Community Development (CWSAN) Member?**

CWSAN provides support to new and existing member groups, aimed at developing their capacity and enhancing skills and knowledge. This comes in the form of provision of guidance, advice, training and assistance with funding applications. The network has also helped the groups source funding, clarified the role of various agencies, and is working with groups in an effort to put strategic development packages together, carrying out community audits and local needs analysis. Workshops and seminars are also organised to provide various training to members.

**The 2022/2023 annual fee for full and associate membership is £20.00**

**Membership application form attached.**

# CWSAN- Mid Ulster Forthcoming Workshops

**\*NB all workshops maybe subject to change\***



**1) Financial Management for Community groups- Tuesday 7<sup>th</sup> March 2023 @7pm**

Develop skills in managing your group/organisation finances. Learn how to keep good financial records and comply with funders' requirements. Develop your Financial policy. This workshop will be held on Zoom.

**2) "Where do I get a Grant for....?" – Tuesday 28<sup>th</sup> March 2023 @ 7.00pm**

A guide to what grants are open, who is funding what and how best to get noticed by funders.

**3) Charities Commission Reporting/Annual Returns - Tuesday 4<sup>th</sup> April 2023 at 7pm**

CWSAN is holding this Charities Commission reporting workshop by Zoom on how to ensure compliance with the charities commission NI annual accounting requirements & annual returns

**4) Basic Awareness Safeguarding (Children & Vulnerable adults) Wed 26 April 2023 @7pm TBC. – Certified Course**

This workshop aims to raise awareness of child and adult protection issues, forms of abuse and understand how to report concerns. You will get to understand what is safeguarding, identify indicators and know how to respond to concerns. The legal context is also set for community organisations.

**5) Committee Skills for Community groups Wednesday 17<sup>th</sup> May 2023 @7pm**

CWSAN is offering this workshop on Committee Skills by Zoom. The workshop will be useful for anyone involved in the management committee of a community organisation who needs advice and training on how to manage their group more effectively, by putting in place effective people, systems and practices.

**6) How to be successful in Funding applications – Wednesday 7<sup>th</sup> June 2023 @7pm**

A workshop guide to making sure you are saying, doing and providing the right thing that make funders want to fund your community group a Grant.

**7) Good Governance in Community Groups -Tuesday 27<sup>th</sup> June 2023 @ 7.00pm by Zoom**

This workshop covers Good governance which ensures the overall direction, effectiveness, supervision, and accountability of your group. The workshop will provide tips as to how to act in the best interests of the organisation, ensuring the operation of effective, open and ethical processes which adhere to the law and stand up to scrutiny.

**For any of the above workshops please email [info@cwsan.org](mailto:info@cwsan.org) to register or call Marguerite on 028 87738845 or Josie 028 79301606. If your group requires one to one assistance with any of these topics or other areas of interest please call.**



## CWSAN Member Services

### CWSAN visiting local groups providing free member advice on

Funding and grants, policies, training of committees , financial procedures, good governance, charity registration, community planning , village planning, community audits etc.

Our Project Officers will travel throughout Mid Ulster morn, afternoon or evening to assist you and your group with:

- Risk Assessments, Covid recovery Plans & Templates
- Assistance with Zoom Meetings / Getting On-line
- Grant / Funding Searches and
- Funding Application support

## Winter Health & Wellbeing Event



**Tuesday 21st March 2023**  
**In Lissan Hall**

30 Claggan Road, Lissan Cookstown BT80 9XJ

**From 11.00 am - 1.30 pm**

Come along to find out what support  
is available for YOU or your family

Please complete the booking form online  
which will help us with catering arrangements

<https://cwsan.org/registration/>  
or contact [register@cwsan.org](mailto:register@cwsan.org) or  
075 4063 5862 Everyone welcome!

Guest  
Speakers

Tips on eating  
healthier

Energy & money  
saving tips

Practical  
Demonstrations

Reducing food  
waste

Information  
Stands

Take home  
recipes

Tips for  
moving more

Community  
Safety

Free Tea/Coffee  
& lunch served



This event is kindly funded through the  
Northern Healthy Lifestyle Partnership  
'Choose to live better' Programme  
via CWSAN & MUDC



NORTHERN  
HEALTHY  
LIFESTYLES  
PARTNERSHIP



# FUNDING



Mid Ulster District Council's 2023/24 Grant Programme will be open for applications on Monday 30<sup>th</sup> January until Thursday 16<sup>th</sup> March 2023. To make an online application visit [www.midulstercouncil.org/resident/grants](http://www.midulstercouncil.org/resident/grants)

<b><u>Category 1</u></b>	<b><u>Category 2</u></b>	<b><u>Category 3</u></b>
<ul style="list-style-type: none"><li>• Small Development Grant</li><li>• Community/Sports Venue/Facilities Grant</li><li>• Strategic Arts &amp; Culture Grant</li><li>• Strategic Sports Development Grant</li></ul> <p>Strategic Community Development Grant</p>	<ul style="list-style-type: none"><li>• Strategic Events Grant</li><li>• Irish Language Activity Grants</li><li>• Irish Language Bursaries</li><li>• Good Relations Grant *</li><li>• Community Local Festivals Grant*</li></ul> <p>Sports Representative Grant (Team &amp; Individual)</p>	<p>Miscellaneous Grants not online (need to speak with designated grant officers)</p> <ul style="list-style-type: none"><li>• Capital Discretionary Grant</li></ul> <p>School Sports Access Grant</p>



Investing in Spaces and Places is Asda Foundation's higher value grant for local groups aimed at improving spaces in the heart of local communities. Grants will be between £10,000 and £25,000 and the application window opens on 6th February—19th March with funding announced in June 2023. The grant criteria will focus on investing in community spaces and places and projects must fall into at least one of the following categories: 1. Building Repairs 2. Building Development 3. Outdoor Development . [More Info](#)



## SPAR launches its second UK wide £100,000 Community Cashback scheme

Due to the success of last year's £100,000 Community Cashback scheme, leading convenience symbol group SPAR is launching a second £100,000 Community Cashback scheme, giving away thirty grants to local voluntary or community organisations and charities. Closes 15th March 2023. [Apply Now](#)



## Northern Ireland - Village Catalyst Grant Scheme

Grants - Up to £200K

The aim of the scheme is to support community organisations in rural villages in Northern Ireland with projects to tackle rural poverty and social isolation by developing a sustainable use for a disused historic building.

Applications will be accepted from charities, social enterprises, and other not-for-profit groups in rural villages of less than 5,000 in Northern Ireland.

The programme builds on a 3-year [pilot](#) which resulted in 4 projects being developed, highlighted in a short film.

Support is available for communities to:

- carry out viability work (up to £10k),
- develop their plans (up to £20k)
- deliver their project (up to £200k).

To be eligible, the building must be listed or within a conservation area.

<https://www.communities-ni.gov.uk/publications/village-catalyst-grant-scheme>

**The Prince of Wales's  
Charitable Fund**

The Prince of Wales's Charitable Fund - Founded in 1979 by His Majesty King Charles III, The Prince of Wales's Charitable Fund (PWCF) awards grants to good causes in the UK, the Commonwealth and Internationally. In the current small grants round which closes on 20th February for awards to be made by 31st March 2023, the PWCF trustees, are particularly interested to receive applications from organisations working in the following areas: Northern Ireland, Yorkshire and the Humber, North East and North West. Consequently, it is the aim to give priority to applications from these areas and to fund projects that support the countryside and the environment. small grants of up to £15,000 over a three-year term from PWCF [Click Here](#)



**Mid Ulster District Council has opened a twelve-week period of public consultation to seek comments on the districts' first ever Age Friendly Strategy and 3 Year Action Plan.** When completed, the Age Friendly Strategy and 3 Year Action Plan will provide the framework to ensure Mid Ulster is an age-friendly district where older people are valued, engaged, and supported to live healthy, active, fulfilling lives. The draft Age Friendly Strategy and 3 Year Action Plan has been developed with the support of funding from the Public Health Agency and the commitment of other partners.

As part of the process for drafting the document, engagement has been taking place since April 2022, with a wide range of representatives from public, community, and voluntary sectors including people aged 50 and over living in the Mid Ulster district.

The Council would now like the wider residents of Mid Ulster and organisations who would like to be involved to share their own views on the key themes within the Age Friendly Strategy and 3 Year Action Plan.

Residents and organisations can do so by: completing a short online survey, available at [www.midulstercouncil.org/agefriendlystrategy](http://www.midulstercouncil.org/agefriendlystrategy) ; requesting a group or one-to-one meeting with the Council's Age Friendly Co-ordinator; or, submitting a written response for the attention of Age Friendly Co-ordinator to the Council Offices in Magherafelt.

**All responses should be made by 11.59pm on Thursday 12 May 2023.**



The PEACEPLUS Programme is due to be launched in the next few months. The Programme is designed to support peace and prosperity across Northern Ireland and the border counties of Ireland, building on the work of the previous PEACE and INTERREG Programmes.

Over the course of 2022, the SEUPB co-ordinated pre-application support workshops under the PEACEPLUS Programme. These workshops aim to provide potential applicants with an understanding of the specific Investment Area objectives, an overview of the PEACEPLUS Programme, as well as an opportunity to build knowledge through direct engagement with the SEUPB. This has allowed the development of projects to commence ahead of the Calls opening in 2023. We have already reached a wide audience and have reviewed concept notes from potential applicants:

Each workshop is recorded and available to view through the SEUPB website – [just click here for the full list.](#)

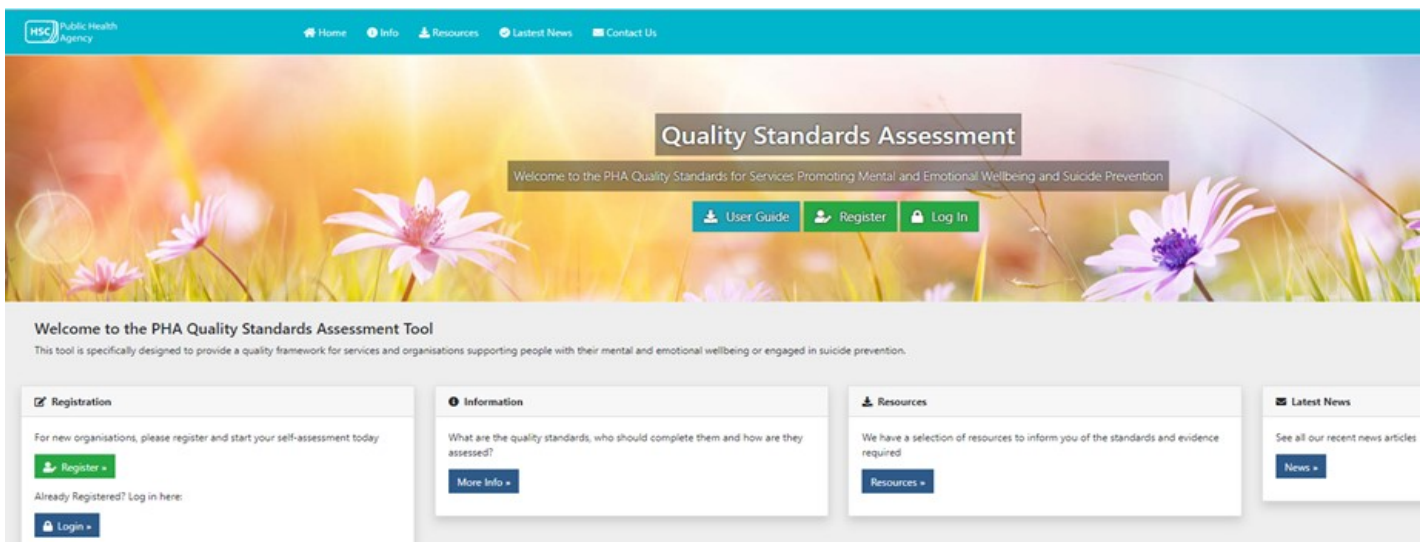
The SEUPB is now finalising details of the next workshops due to be delivered in 2023. Full details of these will be shared on our social media channels - Facebook, Twitter and LinkedIn, and through email marketing.

You can also view the full PEACEPLUS Programme overview [here.](#)

# PHA Quality Standards News

Interested in or want to find out more about the  
'PHA Quality Standards for Services Promoting Mental and Emotional Wellbeing and  
Suicide Prevention'?

**There are several ways to find out more about the standards**



**Visit the Standards website** - <https://standards.pharesourcehub.co.uk/> - download the standards, watch introductory videos, register and start your self-assessment.

**Watch the awareness raising video** – Short 13-minute awareness raising video which will help increase understanding of the standards and provide an overview of the requirements that will support organisations to meet the standards. Click [here](#) to view.

# 4 Week Journaling Workshop with Christina Blair

**This introductory course explores journaling  
as a tool for wellbeing.**

**Escape from the stresses of life and put Self Care first.**

**Try your hand at journalling with this 4 week programme at  
Magherafelt Womens Group.**

**All you need is a notebook and pen.**

**Tuesday 7th March 2023 11.00 a.m -12.00 noon**

**Tuesday 14th March 2023 11.00 a.m -12.00 noon**

**Tuesday 21th March 2023 11.00 a.m -12.00 noon**

**Tuesday 28th March 2023 11.00 a.m -12.00 noon**

**To book your place email**


**[register@cwsan.org](mailto:register@cwsan.org) or text 07540969623**

hosted by Suicide Prevention Development Officers in the Northern Area



# *The Person Behind* **THE BEHAVIOUR**

**Wednesday 29th March**

Via Zoom  9.30am – 12.30pm

This workshop will examine the experiences that determine how we become who we are. It will look at child development and the needs of the child and will also examine the family system in terms of rules and roles and how this can impact the individual.

**To Register**

**[register@cwsan.org](mailto:register@cwsan.org)**

facilitated by Conor McCafferty  
(Zest Healing The Hurt)

programme supported by  
 **HSC** Public Health Agency



[register@cwsan.org](mailto:register@cwsan.org)

# Free Suicide Alertness Training

## Cookstown Enterprise Agency

### Tuesday 14th March 2023

### 9.30 a.m - 13.00 p.m



- Notice and respond to situations where suicide thoughts might be present
  - Recognize that invitations for help are often overlooked
  - Move beyond the common tendency to miss, dismiss, and avoid suicide
  - Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help

**Ideal for care givers, family members,  
pastoral school staff, youth workers, ANYONE**

To book a place  
Email [register@cwsan.org](mailto:register@cwsan.org)  
07540 969623

**Refreshments & Certificates will be provided**

hosted by Suicide Prevention Development Officers in the Northern Area

# Understanding Self Harm



facilitated by Conor McCafferty  
(Zest Healing The Hurt)



**Wednesday  
15th March  
9.30am - 4.00pm**

This workshop examines the behaviour of self-harm in terms of what circumstances may have started the behaviour, how those situations make the person feel and how the feelings manifest in self-harming behaviour. It will also look at the impact of alcohol use on self-harming and suicidal behaviours.

This event is face to face  
in **Heaney Centre,  
Bellaghy**

Lunch will be provided

to register for workshop please  
email [register@cwsan.org](mailto:register@cwsan.org)

programme supported by  
**HSC** Public Health  
Agency



[register@cwsan.org](mailto:register@cwsan.org)

tabbda@outlook.co



## Events at The Marina Centre, Ballyronan

<b>13</b> march	<b>Wild Food Foraging and Baking</b>	2:00 PM  Please book on tabbda@outlook.com
<b>18</b> march	<b>Walk up Slemish Mountain</b>	10:00 AM  Please book on tabbda@outlook.com
<b>25</b> march	<b>Wild Food Foraging and Baking</b>	10:00 AM  Please book on tabbda@outlook.com
<b>1</b> april	<b>Wild Food Foraging and Baking</b>	10:30 AM Any hall, venue
<b>2</b> april	<b>Walk up Benbradagh</b>	10:00 AM  Please book on tabbda@outlook.com
<b>16</b> april	<b>Walk up Camlough Mountain</b>	10:00 AM  Please book on tabbda@outlook.com

TABBDA, The Marina Centre, 135a Shore Ballyronan, BT45 6JA.  
Tel: 028 79418399



**We, in partnership with Cancer Focus NI and the No Smoking Month Committee, have developed a communications toolkit. The aim is to support you to deliver your own social media campaign to engage with local smokers.**

#### **The toolkit**

- Highlights the No Smoking Month themes for March.
- Provides suggested social media posts and graphics.
- Offers a range of promotional assets to download.

It is based around a handy set of themes and suggests ways to use them.

**Could this help you share 'No Smoking Month' messaging throughout March?**

Please use the themes most important to you, your work, and your local audiences. The important thing is to keep the momentum going throughout March to reach as many people as possible with your No Smoking messages.

# ACCESS TOOL KIT



Rural  
Support

# Rural Support Farm Support Hub

Helping you, your farm business and your family become  
stronger and more resilient.



Have you checked out the Rural Support, Support Hub?

This Support Hub is designed to help farmers and their families access the resources they need to build a more resilient future.

Check out the link below to take control of your farm business and your personal wellbeing.

[Click Here](#)



The *elle*  
Community  
Foundation  
Connecting people who care  
with causes that matter



# THE 360° SPECTRUM OF DIVERSITY EQUITY & INCLUSION



**MARY LAFFERTY  
KOYYALAMUDI**

Refugee Support Manager/Cultural Mediator  
ERANO (Empowering Refugees and Newcomers  
Organisation)



**FIDELMA FEARON**

Project Manager  
Armagh Roma Traveller Support



**RACHEL JAMES**

Cultural Ambassador  
BCRC (Building Communities Resource  
Centre)

**WEDNESDAY  
22 MARCH  
2023**

SEAMUS HEANEY HOMEPLACE  
BELLAGHY BT45 8HT

**10.00 AM - 1.15 PM**  
(concluding with lunch)

TO BOOK A PLACE PLEASE VISIT  
[HTTPS://WWW.EVENTBRITE.CO.UK/E/DEI-  
CONFERENCE-TICKETS-559845181007](https://www.eventbrite.co.uk/e/dei-conference-tickets-559845181007)

Any queries? Contact Fergal:  
[fergal@theresourcecentre.org](mailto:fergal@theresourcecentre.org)  
075 9200 6003



**Your Age  
Your Community  
Your Opinion**

Mid Ulster District Council along with Mid Ulster Seniors Network are seeking people aged 50 and over who live in Mid Ulster to **join their forum to make Mid Ulster a better place to age well**



### If you want to....

- Ensure your voice is heard
- Raise concerns and take action on local issues
- Influence the future planning of services for your local area
- Increase awareness of existing opportunities and services and encourage more people to use them
- Promote an Age-Friendly community



### Then the forum is for you....

To find out more, why not come along to the next meeting:

On: Tuesday 25th April 2023


At: 10.30am

In: Cookstown Library, 13 Burn Road Cookstown BT80 8DJ

Or contact: Raisa Donnelly, Age Friendly Co-Ordinator

Email: [raisa.donnelly@midulstercouncil.org](mailto:raisa.donnelly@midulstercouncil.org)

Free Telephone: 03000 132 132

 @midulster seniors

8 MARCH 2023 - 8PM

GLENAVON HOTEL  
COOKSTOWN



# INTERNATIONAL WOMENS DAY

HOSTED BY BELLE OF MID ULSTER 2023  
ELAINE JUNK



FREE ADMISSION  
BOOK ON EVENTBRITE

# Empower Project Social Impact Report

## Project

The Empower Project is a five year investment by the National Lottery Community Fund. It is led by a local community group; Dyslexia and Dyspraxia Support (DADS) and supported by a project steering group.

The aim of the project is to support the inclusion, skills development and connectedness of young people (under 12 years) with ASD, Dyslexia, Dyspraxia, ADHD and other neurodiverse conditions, their parents and wider family circle. Working with the young people, their parents and community, the project developed a series of interventions and activities which have addressed the needs identified.



## Empower Impact in Numbers:

For every **£1** invested,  
**£8.39** of social and  
economic value is returned.

These benefits included parents and children feeling more confident, more connected and involved in the local community, developing new skills and supporting children to learn.

The Bristol Accord was developed in 2005 by EU and UK governments to agree what makes communities more attractive and sustainable - where people want to live both now and in the future. They agreed a sustainable community should be safe, fair, thriving, environmentally sensitive, well run, well served, well connected and well designed and built. The Social Value Engine methodology involves relating the project impacts to improvements in the sustainability of communities. Each of the project proxies is directly related to the eight domains of the Bristol Accord.



**empower**

Reaching Out  
Supporting Families

## Workshops for Parent Groups

**AVAILABLE  
TO BOOK**

**Communication & Interaction in individuals with Autism**

**Understanding and Supporting Behaviour**

**Managing Your Child's Anxiety**

**Sensory Processing in Individuals with Autism**

**What is PDA? (Pathological Demand Avoidance)**

We offer a wide range of workshops and talks for parents and carers to help empower them with knowledge, some strategies and support.

We can deliver these talks to your community group or playgroup / playschool. Contact us below

[josie.mcguickin67@gmail.com](mailto:josie.mcguickin67@gmail.com)

[WWW.EMPOWERNETWORK.CO.UK](http://WWW.EMPOWERNETWORK.CO.UK)



The Empower Project is led by a community organisation called DADS (Dyslexia & Dyspraxia Support) which has been operating for over 20 years and was originally set up as a self-help group for parents who have children with a learning difficulty. During this time, we have touched the lives of

thousands of families all over Northern Ireland by supporting them, being the listening ear, teaching them new skills and strategies to help them with their child.

In 2015 DADS in partnership with the NRC (Northern Regional College) Magherafelt were successful in developing a 5-year project called the Empower Project funded by The National Lottery Community Fund NI where parents, the wider family circle and professionals were offered information sessions, training sessions, parent and professional conferences, activities for the children and siblings, coffee mornings/support meetings for parents, and recently the opportunity for parents and professionals to achieve a CACHE Level 2 Certificate in Understanding Autism.

We have currently moved into a 2-year extension programme offering a range of similar activities but The National Lottery has approved funding for the Empower Project to pilot a Social Enterprise concept by introducing a small cost for some or all activities. This may mean some fees will be introduced but we will continue to look at each individual's ability to pay. This is to allow the DADS group to sustain their current activities after the project ends in December 2022.

In the current climate, the Empower Project will continue to offer its activities virtually online via zoom or Microsoft Teams which has enabled families and professionals to log on from the comfort of their own homes whereas before families may have not been able to travel, would have had childminding issues or it would have been too difficult to leave their anxious or stressed child.

The Empower Project welcomes families from all over Northern Ireland, the border counties and Southern Ireland to make contact or register for Empower activities.

‘We Are Here to Help’

You can make contact by: Office Number: [028 79301606](tel:02879301606)

Email: [empower@gmail.com](mailto:empower@gmail.com) Website: [www.empowernetwork.co.uk](http://www.empowernetwork.co.uk)

To view and book a place on any of the workshops listed visit our online booking system through Eventbrite: <https://www.eventbrite.co.uk/o/empower-project-14812741411>

I look forward to helping and supporting you and your children

Josie McGuckin

DADS/Empower Project Manager

**The Welfare Changes Advice Service**

Funded by Department for Communities  
www.communities-ni.gov.uk

# Do you need Welfare Reform Advice?

- Personal Independence Payment
- Disability Living Allowance
- Employment Support Allowance
- Housing Benefit
- Universal Credit
- Tax Credits

Help is available through face to face advice or by telephone from your local Citizens Advice or Advice NI independent advice centre.

**0808 802 0020**  
welfarechanges@adviceni.net

advice<sup>ni</sup>  
advice network

Leo Centre (NI)

citizens advice Northern Ireland

You might feel lonely today, or have been feeling lonely this week, this month, or even with Covid this year but that doesn't mean you are actually alone, or that you have no one who cares for you. Why not join Rural Support's Across the Hedgerow project in partnership with YFC where one of their friendly volunteers will call you at a time that suits you and you can chat about your interests. This free and confidential service can be accessed by emailing [info@ruralsupport.org.uk](mailto:info@ruralsupport.org.uk) or calling 0800 138 1678. [#youarenotalone](#) [#reachingout](#) [#RSstrongertogether](#)

#### Helpline Opening Hours:

9am - 9pm Monday - Friday  
(Voicemail Support Options available at all other times)



# 0800 138 1678



## CWSAN

**(Cookstown & Western Shores  
Area Network)**

**(028 87738845) (07917372983)**

Click on links below:

**CWSAN Facebook**

**Website <https://cwsan.org/>**

**E-mail: [info@cwsan.org](mailto:info@cwsan.org)**

### FARM FAMILIES HEALTH CHECK PROGRAMME

If your group is organising a community event which will attract members of the rural community and /or farming families why not consider inviting the farm families health check bus along.

The Farm Families Health Checks Programme offers a means for farmers and their families to access health checks from a portable clinic and from local community settings.

The mobile unit has been hosted at local markets and community events across Northern Ireland, and offers on-the-spot health checks consisting of Blood Pressure monitoring, BMI, cholesterol check and diabetic screening. In addition, individual lifestyle advice will be given on a range of health issues, and onward referral completed to local support services as required.

The farming community is particularly susceptible to poor health and wellbeing, partly driven by the wide demands impacting on farmers across a range of social and economic factors. They often work long and anti-social hours which can lead to social isolation and often difficulty accessing traditional health care services.

For more information, including the schedule of where the screening van will be visiting please contact Elaine Catterson, Tel: 028 2563 5573, Email: [farm.Families6@northerntrust.hscni.net](mailto:farm.Families6@northerntrust.hscni.net)

#### Anita Hurley

Networks Involving Communities in Health Improvement  
(NICHI) Project Officer

(Cookstown, Magherafelt and Coleraine areas)

**Mob: 07540635862**

[healthalliance@cwsan.org](mailto:healthalliance@cwsan.org)

To become a member email [http://  
HealthAllianceNI.com/Membership-Registration/](http://HealthAllianceNI.com/Membership-Registration/)

#### Denise Doherty

Suicide Prevention Development Officer

**Mob: 07540969623**

[denise@cwsan.org](mailto:denise@cwsan.org)

[www.HealthAllianceNI.com](http://www.HealthAllianceNI.com)



CWSAN staff offer support and assistance with Charities Commission NI registration and Annual Reporting. Contact Stewartstown office on 02887738845



Disclaimer: "CWSAN cannot accept any responsibility for the accuracy of information or deadlines herein contained. Articles do not necessarily reflect the view of CWSAN". CWSAN is funded by the Department of Agriculture, Environment and Rural Affairs's Tackling Rural Poverty and Social Isolation Programme and Mid Ulster District Council.